



Hip Line Media

Name: _____
 Date: _____
 Pattern: _____

Measurement Guide

Sew/Fit Method®

Pants that Fit

Note: Waist ease will need to increase 6-8" for elastic waist

Pants Body Area	Measurement	Suggested Ease	Total	Pattern Measurement	Adjustment (+ or -)	Divide by number of cut edges	Amount to add or subtract
WIDTH							
Thigh		2"				4	
Hip		2-3"				8	
Waist		1-2"				8	
LENGTH							
Hem		+hem				-	
Waist to waist		no				front/back	
Seat Depth		no				-	
Adjustment Order: Hem, thigh, hip, waist, waist to waist, seat depth							

Cut edges: Above the crotch we have 8 cut edges: center front, center back, side seam, inseam
 Below the crotch we have 4 cut edges : side seam and inseam.
 If your waist or hip adjustment is very small, adjust at 4 cut edges only.